

FOREWORD

Inwild thank you a lot for having decided to ride and purchasing our free touring telemark binding. Skiing and telemarking is your passion but by nature it's a dangerous sport. You must understand and accept the risks you take before you engage in it. You are entirely responsible for your actions and your decisions. On skis you must show prudence and discernment. Read carefully and completely this document.

The Telemark bindings of Inwild integrate a release mechanism, which is not validated by a norm. These bindings should release in the case of a fall if they are correctly used with shoes and skis in good condition. However because of the specificity of the Telemark a case could arise where the release is not guaranteed which could cause serious injuries with unpredictable consequences. MEIDJO considerably reduces the risk of injuries to lower limbs, but cannot completely exclude it.

- When you ski please follow the usual recommendations in the practice of this sport and always control your skiing, in function of your capacities and your physical condition, never overestimate your skill.
- Make enquiries as to the blanket of snow conditions, meteorological conditions and risks of avalanche. Respect the instructions and signals of danger in the zone in which you ski.
- Do not tour or telemark if you feel tired or in bad physical form.
- During transport or storage always protect your material, especially your binding, from exterior aggressions (shocks, dust, salt,...)
- Always store your material in a clean and dry place.
- When not in use, store the binding in a clean, dry place, attach the springbox with the touring lock and put the low-tech in the closed position to avoid tensioning the springs.
- Regularly control your bindings and check their correct functioning before each sortie. Make sure there is no foreign body in the mechanism. Any foreign body in the mechanism of the bindings could cause problems in the release.
- In case of doubt, wear or corrosion, please have your bindings verified by a store registered with Inwild. Have your material controlled by a specialized retailer at least once a year, and at the beginning of every season, your whole equipment: skis/shoes/bindings (general state and adjustment of release values).

Before using the MEIDJO bindings:

- Please read carefully all notices and warnings included,
- Assure that you are familiar with their correct utilization, possibilities and limits,
- Try out the use of the telemark bindings and associated material,
- Learn the appropriate techniques for this type of skiing.

The fact of not reading or not respecting any one of these warnings could be the cause of serious injury « leading to possible death».

We have included in this manual all the precautions and stages to be respected for the correct adjustment and functioning of these bindings.

In case of doubt or if you need assistance contact your reseller. You can join our technical service at the following address: support@inwildoutdoor.com or by phone + 33 (0)9 54 86 73 94.

Inwild can not be held responsible for incorrect mounting or use of Meidjo bindings.

GARANTEE

We warrant for one year from purchase date and only to the original retail buyer that our products are free from defects in material and workmanship.

If Buyer discovers a covered defect, Buyer should return the Product to the place of purchase. In the event that this is not possible, return the Product to us at the address provided. The Product will be repaired or replaced at our discretion. That is the extent of our liability under this Warranty and, upon expiration of the applicable warranty period, all such liability shall terminate.

We reserve the right to require proof of purchase for all warranty claims. You have be registered onto Inwild Website : www.inwildoutdoor.com

Warranty exclusion :

We do not warranty products against normal wear and tear (such as ski edge cuts and abrasions, outsole wear, etc.), unauthorized modifications or alterations, improper use, improper maintenance, accident, misuse, negligence, damage, or if the product is used for a purpose for which it was not designed. This Warranty gives you specific rights, and you may also have other rights, which vary from state to state.

Except for expressly stated in this warranty, we shall not be liable for direct, indirect, incidental, or other types of damages arising out of, or resulting from the use of Product. This Warranty is in lieu of all other warranties, express or implied, including, but not limited to, implied warranties of merchantability or fitness for a particular purpose (some states do not allow the exclusion or limitation of incidental or consequential damages or allow limitations on the duration of an implied warranty, so the above exclusions may not apply to you).

The guarantee doesn't cover in any case the costs of immobilization, accommodation, transport, loss of business, etc...

Conditions of the application of the guarantee : to be registered onto Inwild Website: www.inwildoutdoor.com

WHICH SKIS FOR TELEMARK ?

All skis can be used for telemark. It should be noted that the telemark is a sport where the skier applies pressure and torsion on the bindings and on the skis. This stress requires to choose solid skis, with a flat heel and preferably stiff. For this reason, we advise you to orient to skis that have a skate reinforcement plate (ideally titanal); you will limit the risk of tearing.

We advise against using skis with a paulownia reinforcement.

If you have any doubt, you can ask us for advice through or contact a specialist dealer directly.

MAINTENANCE

Your MEIDJO Bindings come ready to ski and should provide years of performance with minimal maintenance.

Salt from roads, dirt and grime all work against the life of a binding.

Rinse only with freshwater, if required.

Keep solvents and chemicals away from your bindings and skis—they can damage plastics and metal components.

If you have any problem please bring your bindings to a Inwild dealer for service or contact us at www.inwildoutdoor.com

OPTIONS AND SPARE PARTS

Options

For even more modularity, you can add to the binding:

- alpine heels : to pass from telemark mode to alpine mode
- crampon interfaces : to use your Dynafit crampons, for instance
- ski-brakes : to avoid your skis slide on a slope
- red line stiff springs : for active and powerful sensations
- and many more...

Spare parts

Most of the MEIDJO 3 parts are compatible with the MEIDJO 2.1, and some with the previous versions. If the part you want is not compatible, you can contact us directly in order to propose you the appropriate product.

Find all the options and spare parts on: www.inwildoutdoor.com

TELEMARK BOOTS FOR MEIDJO

Brands

Telemark is a market in which 3 brands distribute specific boots for telemark : Crispi, Scarpa and Scott. The choice will be based, above all, on comfort. In a second time, the choice will be made according to different criteria and depending on your use: terrain type / performance / flex / comfort / weight / shoe type standard 75 or NTN ...

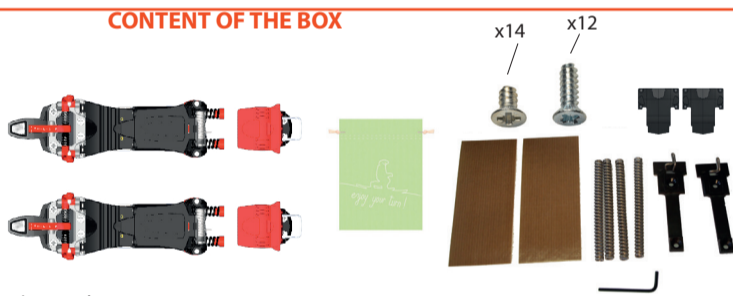
Boots

In order to use the Meidjo binding, it is imperative to have NTN (New Telemark Norm) standard shoes with front inserts. The shoes in standard 75 do not fit on the Meidjo. There is 2 sizes of binding :

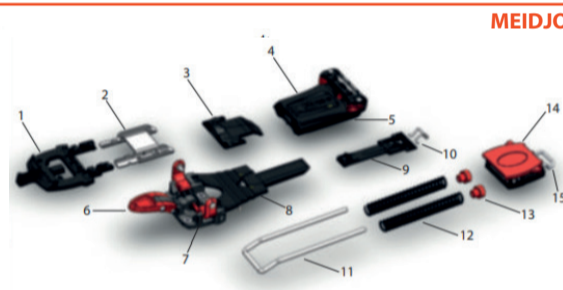
- Size S for shoe with a length between 275 and 298 mm (mondopoint 22,5 to 26 - for Scott shoes from 22,5 to 25,5 (mondopoint)),
- Size L for shoe with a length between 305 and 336 mm (mondopoint 26,5 to 31 - for Scott shoes from 26 to 31 (mondopoint))

CONTENT OF THE BOX

- 2 bindings (including heel set)
- 1 fabric pouch
- 4 supplementary springs
- 12 screws 18 mm
- 14 screws 11,5 mm
- 2 ASP (Anti-Snow Pack) + 8 screws
- 2 anti-ice
- 2 touring plate
- 1 Allen wrench 3mm
- 2 drilling pattern
- mounting instructions and operating instructions



MEIDJO 3

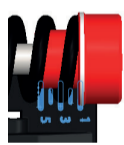


- | | |
|----------------------------|-------------------|
| 1- Low-tech plate | 8- Flexor |
| 2- Base plate | 9- Touring plate |
| 3- ASP (Anti-Snow Pack) | 10- Touring lock |
| 4- Spring box | 11- Spring lever |
| 5- Red bar (under the box) | 12- Black spring |
| 6- Front lever | 13- Red knob |
| 7- Low-tech | 14- Heel set |
| | 15- High heel set |

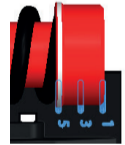
OPERATING INSTRUCTIONS

ADJUST THE SPRING TENSION

Adjust the spring tension and the safety release system. Align the white mark of the red knob with the numbered line or the desired setting from 1 to 5. Always stay between level 1 and level 5.



Adjust to level 1 (white mark and number 1 aligned)



Adjust to level 5 (white mark and number 5 aligned)

ADDING THE SECOND SPRING

If you want to increase the power of your binding you can add the second spring.

The second spring has to be slide in the bigger one (black one).

Steps :

- Unscrew the 2 red knobs and remove the 2 black spring
- Slide the small stainless steel spring inside each black spring
- Put the 2 pairs of spring inside the spring box
- Screw the 2 red knobs and adjust the tension



SETTING THE RELEASABLE SYSTEM

Tool:

To set the releasable system you must use a 3 mm allen key.

How to do :

- Place the allen key into the left red knob
- Turn clockwise to decrease the trigger value
- Turn anti-clockwise to increase the trigger value

Setting :

Align the border of the black part between the 1 and the 4th setting line.



On this photo the setting is on level 2.

Indication of level :

Warning these indication are for information – there is not norm for telemark.

- Level 1 : for woman = 3 to 4 DIN
- Level 2 : 5 to 6 DIN
- Level 3 : 8 to 9 DIN
- Level 4 : 10 to 12 DIN (very - very hard to release for competitor)

MOUNTING THE LEASHES

It is obligatory to put the leash in the place provided for this purpose : to pass them in the external hole on the front gray metal part, between the flexor and the low-tech.



STEPPING IN

- 1- Place the shoe so that the front inserts of the shoe are positioned at the same level as the jaws of the low-tech.
- 2- Place the shoe by putting the inserts into the pins and press the front of the shoe.

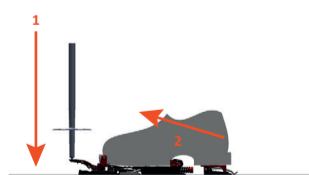


- 3- When the low-tech is locked in the shoe, lower the heel so that it locks into the spring box.



STEPPING OUT

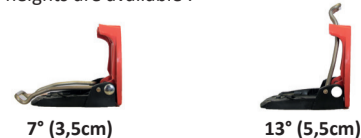
Use your pole to press onto the front lever and reduce pressure onto the toes by rising up the front of the shoe. The jaws will open.



Press the lever with the pole and after move the front of your shoe upward.

THE CLIMBING HEEL SET FOR TOURING MODE

2 heights are available :



7° (3,5cm)

13° (5,5cm)

TOURING MODE

Preparing the binding :

- 1 - Raise the spring box until the red stub axle settles firmly on the touring base plate like for fitting the binding (photo 1).
- 2 - Press the spring box, with the hand, onto the ski
- 3 - Lock the spring box onto the ski by raising up the touring lock (photo 2)
- 4 - Lock the toe of the shoe onto the lowtech (photo 3)
- 5 - Block the toe of the shoe by raising up the front lever (photo 3)

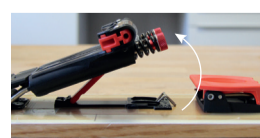


Photo 1

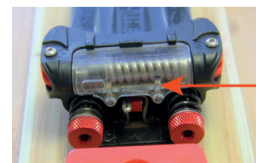


Photo 2



Photo 3

PASS FROM TOURING MODE TO TELEMARK MODE

To return to telemark mode, you have to unlock the spring box and unlock the lowtech.

- 1 - To unlock the spring box you have to press onto the touring hook lever (photo 1)
- 2 - Unlock the lowtech for your safety (photo 2)

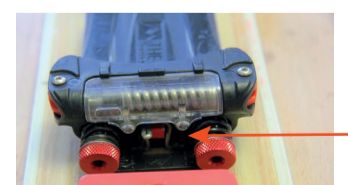


Photo 1



Photo 2